

Approved Quality Statement Mental Health Care – Format C

As of 1-1-2017, all providers of 'medical mental health care', that is general basic mental health care and specialized mental health care within the Health Insurance Act, are obliged to publish a quality statement. The following quality statement has been approved.

I. General information

1. Information of the mental health care provider

Name indicating practitioner:	Kevser Gün
BIG registration:	39926801316
Other qualifications:	Family and relationship therapist
Basic training:	Clinical Psychology (Master of Arts)
AGB code (practitioner):	94106417

Practice information 1

Practice name:	SK Therapeuten – Interculturele Psychotherapie & Counseling
Email:	sktherapeuten@gmail.com
Chamber of Commerce registration:	85826634
Website:	www.sk-therapeuten.com
AGB code practice:	94066866

2. Care offered

2a.

I accept referrals from both general basic mental health care and specialized care.

2b.

In my practice, care is offered in Category 1 (combination of low-complex problems and low-complex care provision). Care is also offered in Category 2 (a combination of high-complex problems and low-complex care provision), provided there is sufficient stability.

3. Description of focus areas

3a. Clients can register themselves at my practice with the following:

Depressive complaints, (individual or social) anxiety complaints, phobias, trauma complaints, grief, work related problems, burn-out, (partner) relationship problems, difficulty feeling or expressing one's own boundaries, problems with self-image, rumination, fear of failure, life phase problems, personality problems and repetitive dysfunctional relationship patterns.

3b. Clients with the following main diagnoses can visit my practice:

Depression

Anxiety

Residual group of diagnoses

Psychological disorders originating from a somatic condition

Sleeping disorders

Problems originating from personality traits

Somatoform disorders

4. Composition of the practice

The following care providers are associated with the practice:

The indicating practitioner is:

Name: Kevser Gün (Psychotherapist)

BIG registration: 39926801316

The coordinating practitioner is:

Name: Kevser Gün (Psychotherapist)

BIG registration: 39926801316

The co-practitioner is:

Name: Sinem Turan

Registration: Psycholoog NIP

5. Professional (multidisciplinary) network

5a. My network consists of:

GP practice(s)

Fellow psychologists and psychotherapists

Mental health care institutions

5b. In my professional (multidisciplinary) network I work most, frequently, together with:

Dhr. I. Rustveld (BIG registration: 29044513916)

5c. I make use of my professional (multidisciplinary) network in the following situations, unless the client does not give me permission to do so:

- Diagnostics - in case of complex complaints
- Treatment policy - in case of stagnation and/or deadlock
- Evaluating the therapeutic relationship - in case of noticeable (counter)transference
- Scaling up or down the frequency of treatment sessions with changing severity or complexity of complaints

- Use of medication, if the client is already taking medication or the seriousness of the experienced complaints makes a medication consultation necessary

5d. Clients can reach me on the following weekdays:

Tuesdays, Wednesdays, and Thursdays from 09.00 AM to 2.30 PM. I am reachable through mail (sktherapeuten@gmail.com) or by phone (+31 6 39 29 43 56).

Registered clients can visit their own GP practice or GP post outside the stated working days and hours when the psychological distress is high.

5e. Agreements with the crisis service

There are no specific agreements with the mental health crisis service, in view of the ambulatory setting in which my work is carried out.

5f. I form a learning network with the following independently working care providers:

Mr. I Rustveld	(BIG registration 29044513916)
Mrs. S. Berragiy	(BIG registration 19064495416)
Ms. L. Huijzen	(BIG registration 79021741601)
Mr. Z. Erkut	(BIG registration 69054230301)

5g. The learning network shapes processes of joint learning and improvement by exchanging ideas about complex issues and treatment policy. This is based on the seriousness and complexity of the complaints, but also the treatment phase. I work by exchanging perspectives and exploring problems from different angles with fellow colleagues. The vision and perspective of fellow colleagues is also called upon for the handling of (counter) transference dynamics.

6. Contracts with health insurers and reimbursement of insured care:

In the year 2022 I have chosen to work without health insurance company contracts.

7. Treatment fees

Treatment rates are published on my website and can be checked through <https://zorgprestatiemodel.nza.nl>.

I have published the rate for self-payers on my website.

I have published the conditions for canceling a session as well as the rate of a no show on my website.

8. Quality guarantee

I meet the following quality requirements, arising from my professional registration:

- Intervision
- Courses
- The code of ethics

For more information about the code of ethics, see

<https://www.psynip.nl/uw-beroep/beroepsethiek/beroepscode/>

9. Complaints and Dispute Settlement

Clients can reach a LVVP contact person of Klacht&Company with complaints and disputes about the treatment by email through LVVP@klachtcompany.nl or by telephone through (088) 234 16 06.

Clients can submit disputes about their treatment to the Healthcare Disputes Committee in The Hague.

10. Holiday and calamity arrangements

10a. During my absence related to holiday or illness, clients can contact:

Partner and co-owner of the practice Mrs. S. Turan. In the case of concurrent absence, an external party will be asked to observe.

10b. Transfer is arranged and recorded in the event that the practice suddenly closes due to death or other calamities.

II. The care process - the trajectory that the client goes through in our practice

11. Waiting time for intake and treatment

Clients can find information about waiting times for intake and treatment via www.sk-therapeuten.com and can also request this information by e-mail and telephone.

12. Registration and intake

12a. Registration procedure of the practice

The registration procedure is arranged as described under the heading 'Procedure' on www.sk-therapeuten.com. Referral letters can be emailed by general practitioners or clients themselves to sktherapeuten@gmail.com, after which contact will be made within 14 days for a short telephone screening. During the screening, it is estimated whether the offered care sufficiently

matches the demand and need for help. If this is the case, an intake interview on location will be scheduled.

12b. If, as a result of the screening, I get the impression that, for whatever reason, the client could receive more appropriate care elsewhere, I will refer back with appropriate advice.

13. Treatment

13a. Clients are always informed about who to contact during the treatment.

13b. In the case of longer treatment (> 12 weeks), the indicating coordinating practitioner sends a summary of the treatment plan in the form of a letter to the general practitioner (or other referrer), unless the client does not give permission for this.

13c. I ensure good communication with the client and - if applicable and with the client's permission - his next of kin about the course of the treatment and supervision. I do this by making transparent agreements about the commitment and expectations related to the therapy process, but also by clearly communicating the content of the treatment method(s) as well as the expected outcomes. If relatives are involved in the treatment, evaluation interviews preferably take place together with significant others.

13d. The progress of the treatment is monitored through progress and evaluation interviews with the treatment plan as a guideline. If applicable, additional questionnaires are used.

13e. I periodically and timely reflect with the client (and possibly his relatives and co-practitioner) the progress, efficiency, and effectiveness of the treatment. I use 12 weeks as a standard period.

13f. I reflect with the client the satisfaction with treatment through evaluation interviews, and, if applicable, questionnaires.

14. Closure/aftercare

14a. I discuss with the client (and possibly his next of kin) the results of the treatment and the possible follow-up procedure.

14b. I also inform the referrer by means of a closing letter unless the client objects to this.

14c. If further treatment is required, I provide specific advice to the referrer. Where necessary, I inform the follow-up practitioner about the course and results of the treatment so far and provide follow-up advice unless the client objects to this.

15. Handling client data

15a. I always ask for permission from the client when sharing data with professionals not involved in the treatment.

15b. In situations where professional secrecy may be breached, I use the applicable guidelines of my professional group, including the reporting code for child abuse and domestic violence (in the event of a conflict of duties, suspicion of child abuse or domestic violence), the step-by-step plan for material control and the control plan of the health insurer.

15c. I use the privacy statement if the client does not want to make his diagnosis known to his health insurer/NZa.

III. Signature

Name: Kevser Gün

Place: Amsterdam

Date: 07-07-2022

I declare that I adhere to the legal frameworks of my professional practice, act in accordance with the National GGZ Quality Charter and that I have filled in this quality statement truthfully.